

# Michigan Statewide Perinatal Mood Disorders Coalition

## Board Meeting

### MEETING MINUTES

**DATE/TIME:** 3/20/14; 10-11:30 am

**LOCATION:** Spectrum Healthier Communities, Grand Rapids

**PRESENT:** Nancy Roberts, Spectrum Health; Megan Zambiasi, Pine Rest Sara Binkley-Tow, Momsbloom. On phone: Gretchen Johnson, Pine Rest, Pamela Moffitt, Tree of Hope Foundation.

**ABSENT:** Barbara Hawkins-Palmer

### DISCUSSIONS

Nancy Roberts presented a State of Michigan Prosperity Region Map for consideration, rather than the Perinatal Regionalization map. All board members agreed that the regions made more sense. **Action:** SPMD Coalition will adopt this map for our use.

The SPMD Coalition meeting via GoToMeeting and in person is next Tuesday, 3/25. Nancy will be absent that day, so Megan and Gretchen will run the meeting. Nancy will supply the agenda. **Action:** Megan will check to be sure the room is ready and there is tech support.

Statewide Directory: Nancy Roberts has been working on an email directory, and her intern was helpful. It is nearly complete. **Action:** none

Events: there is a free event for clinicians about supporting breastfeeding moms on April 23 at the Pine Rest Postma Center. There are also several May events; the Pine Rest PMD Conference on May 9, the 5/3 Run and a chance to run or walk supporting moms bloom on May 10. Also expecting a Governor's Proclamation for the month of May. Nancy also discussed an idea she saw from another Coalition: a rally at the Capitol. **Action:** Sara will let us know when she hears from the Governor's office about the proclamation. Maybe some people could go to accept it. Everyone liked the rally idea, but agreed it will be tabled until next year.

Discussed new SPMD Coalition brochure templates and looked at options. **Action:** All preferred option #3; Nancy will let her intern work more on this.

New members: A few new members from Lansing and State Health Department, as well as 3 new surveys sent to Nancy. New members are from Lansing, Holland, and metro Detroit.

**Action:** None needed.

Received one application from Lesley Hetterscheidt and Kurt Visker for a mini grant to support a Dad's focus group. Asked for \$500. **Action:** Board opted to grant \$250 for gift cards/food for this project, as Megan indicated the other costs they requested are typically paid for via Pine Rest. Nancy will develop a grant reporting form for them to fill out after 1 year and contact Barb Hawkins Palmer to let her know to disperse the funds. Megan will contact Lesley and Kurt to let them know they received the grant, and provide instructions on future steps.

Nancy wrote a nice statement about our new Statewide Coalition to be posted on the PSI website. **Action:** we all thanked her!

## **NEW BUSINESS:**

-Nancy will send out an email reminder regarding the meeting on Tuesday, 3/25.

- Meeting was concluded.

Submitted by Megan Zambiasi